
Program

Basic Surgical Skills

Dato 01.-02.09.2025 | **Sted** St. Olavs hospital, Laboratoriesenteret, LM51

Dag 1 – Mandag 1. september

Tidspunkt	Tema	Underviser
0815-0830	Registration and refreshments	
0830-0840	Introduction Statement of course objectives, assessments overview	
0840-0850	Gowning and Gloving	
0850-1100	Knots – one-handed reef knot and surgeon's knot Instrument tie and tying at depth	
11.00-1140	Lunch	
1140-1230	Handling Instruments Scissors, haemostats, forceps and scalpel Suturing Techniques, Needles and incisions, interrupted sutures, simple and mattress sutures, subcuticular sutures	
1230-1330	Skin Lesions and Local Anaesthetic Techniques Techniques for tissue dissection Application of local anaesthetic Excising a skin lesion and sebaceous cyst	
1330-1345	Refreshments	
1345-1445	Ligation/Transfixion Pedicule transfixion, continuity tie, pedicle tie	
1445-1600	Tissue Handling 1 Bowel: end-to-end interrupted (hand tied knots, no assistance)	
1600-1635	Tissue Handling 2 Debriding a traumatic wound	
1635-1645	Tissue Handling 3 Abscess drainage (no assistance)	

Tidspunkt	Tema	Underviser
1645-1705	Discussion and feedback	
1705	Finish	

Dag 2 – Tirsdag 2. september

Tidspunkt	Tema	Underviser
0830-0900	Reprise of knot tying Common Faults	
0900-1030	Tissue Handling 4 Abdominal closure (assisted), Aberdeen knot, drain insertion, continuous suture, the art of assisting	
1030-1045	Refreshments	
1045-1245	Tissue Handling 5 Vascular surgery principles Vein patch exercise (assisted)	
1245-1330	Lunch	
1330-1415	Tissue Handling 6 Tendon repair (assisted)	
1415-1445	Course test	
1445-1500	Refreshments	
1500-1515	Introduction to Generic Endoscopic Surgery	
1515-1715	Box Trainers Exercises: placing peas in a pot, stacking sugar cubes, cutting a glove, putting Polos on a string, tying knots on a skin pad	
1715-1730	Discussion and feedback	
1730	Finish	