

Program

Kurs i basale kirurgiske ferdigheter (Basic surgical skills (BSS))

Dato 8.–9. oktober 2026 | **Sted** Arendal

Dag 1 – Torsdag 8. oktober

Tidspunkt	Tema	Underviser
08.15-08.30	Registrering	Jeanne Mette Goderstad, Lege
08.30-08.40	Introduction	Martin Bøhler, Lege
08.40-09.10	Handling instruments	Gudjon Gunnarsson, Lege
09.10-10.10	Knot tying part 1	Rune Horneland, Lege
10.10-10.40	Knot tying part 2	Tomas Abaliksta, Lege
10.40-10.55	Refreshments	-
10.55-11.15	Gowning and gloving	Jeanne Mette Goderstad
11.15-12.30	Suturing techniques	Rune Horneland
12.30-13.10	Lunch	-
13.10-14.00	Skin lesions and local anesthetics	Gudjon Gunnarsson
14.00-14.10	Abscess drainage	Gudjon Gunnarsson
14.10-15.00	Debridement of traumatic wound	Martin Bøhler
15.00-15.15	Refreshments	-
15.15-15.55	Ligation and transfixion	Tomas Abaliksta
15.55-16.55	Bowel anastomosis	Tomas Abaliksta
16.55-17.15	Tilbakemeldinger/evaluering/avslutning	Martin Bøhler

Dag 2 – Fredag 9. oktober

Tidspunkt	Tema	Underviser
08.30-09.00	Reprise of knot tying	Jeanne Mette Goderstad
09.00-10.30	Tissue handling 4	Martin Bøhler
10.30-10.45	Refreshments	-
10.45-12.45	Tissue handling 5	Rune Horneland
12.45-13.30	Lunch	-
13.30-14.15	Chest tube	Rune Horneland
14.15-14.45	Skin suture OSAT	Rune Horneland og Tomas Abaliksta
14.45-15.00	Refreshments	-
15.00-15.15	Introduction to laparoscopy	Jeanne Mette Goderstad
15.15-17.15	Box trainers	Alle undervisere
17.15-17.30	Discussion and feedback	Martin Bøhler